

7700 PARMER FITNESS CENTER

BUILDING B, SUITE 103

HOURS

Mon - Thurs: 9am - 7pm

Friday: 9am - 5pm

MEMBERSHIP

Month to month	\$30/
Non-contractual	month
No sign up fee	

USAGE OPTIONS

Day Pass	\$6
Week Pass	\$15

ADDITIONAL SERVICES

Locker Rentals	\$5/ month	Group Exercise	Virtual classes included
----------------	------------	----------------	--------------------------

PERSONAL TRAINING

Individual Training

30 minutes	
5 sessions	\$152.50
10 sessions	\$295
45 minutes	
5 sessions	\$217.50
10 sessions	\$420

Buddy Training

30 minutes	
5 sessions	\$125
10 sessions	\$240
45 minutes	
5 sessions	\$152.50
10 sessions	\$295

Contact: kimberly.hierholzer@activewellness.com

512.996.7129