



## FITNESS CENTER

### LOCATION

Building B, Suite 103

### HOURS

Monday - Thursday: 7am - 6pm  
Friday: 7am - 4pm

### MEMBERSHIP

Month-to-month: \$30/month (No sign-up fee)

### USAGE OPTIONS

Day Pass: \$6  
Week Pass: \$15

### ADDITIONAL SERVICES

Locker Rentals: \$5/month  
Group Exercise: Classes Included

### PERSONAL TRAINING

**Individual Training (30 Mins)**  
5 Sessions: \$155.00  
10 Sessions: \$300.00

**Buddy Training (30 Mins)**  
5 Sessions: \$127.50  
10 Sessions: \$245.00

**Individual Training (45 Mins)**  
5 Sessions: \$220.00  
10 Sessions: \$425.00

**Buddy Training (45 Mins)**  
5 Sessions: \$155.00  
10 Sessions: \$300.00

### FITNESS CENTER CONTACT

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